

Monday	TLW: practice an effective warm-up and cool-down, express ideas and emotions through movement	Objective: hip-hop
		Activities: review hip-hop
		Materials: music
		Follow Up/HW: practice
Tuesday	TLW: practice an effective warm-up and cool-down, express ideas and emotions through movement	Objective: hip-hop
		Activities: review hip-hop
		Materials: music
		Follow Up/HW: practice
Wednesday/Thursday	TLW: express ideas and emotions through movement, performance a sequence of memorized movement, use sensitivity towards others and proper audience etiquette	Objective: Hip-Hop test
		Activities: practice then take hip-hop performance test
		Materials: music
		Follow Up/HW: relax
Friday	TLW: analyze the characteristics of dances from several diverse cultures	Objective: Basic Tap Info
		Activities: read the handout of tap and answer the questionnaire
		Materials: handout, writing utensil
		Follow Up/HW: practice