### Objective: Concert Preparation

**Activities:**
- Warm-up
- Prepare for “No Costume Concert”

**Materials:** Music

**Follow Up/HW:** Practice

#### Monday
- **TLW:** Express ideas and emotions through movement, demonstrate basic principles of proper skeletal alignment, perform memorized movement sequences with rhythmical accuracy

#### Tuesday
- **TLW:** Express ideas and emotions through movement, demonstrate basic principles of proper skeletal alignment, perform memorized movement sequences with rhythmical accuracy

#### Wednesday/Thursday
- **TLW:** Express ideas and emotions through movement, demonstrate basic principles of proper skeletal alignment, perform memorized movement sequences with rhythmical accuracy, apply body sciences and fitness principles to dance

#### Friday
- **TLW:** Communicate using appropriate anatomical terminology, demonstrate basic principles of proper skeletal alignment, perform memorized movement sequences with rhythmical accuracy